

# COST-BENEFITS ANALYSIS WORKSHEET

A cost-benefits analysis is a process used (mainly by businesses) to help make better and more informed decisions.

The action or behavior to consider: \_\_\_\_\_

## Doing the Action or Behavior

<p><b>Advantages: benefits or rewards</b></p>	<p><b>Disadvantages: risks or costs</b></p>
<p><b>Examples of Advantages:</b></p> <ul style="list-style-type: none"><li>• save money</li><li>• more visits</li><li>• freedom to make decisions</li><li>• less stress</li></ul>	<p><b>Examples of Disadvantages:</b></p> <ul style="list-style-type: none"><li>• costs thousands</li><li>• lose custody</li><li>• no decision making</li><li>• more conflict</li></ul>

# Can you afford NOT to?

Choosing NOT to go a certain route needs to be weighed against the advantages and disadvantages of doing so.

## **NOT Doing the Action or Behavior**

Advantages: benefits or rewards	Disadvantages: risks or costs